

Aims Community College is hosting a four-day academy to introduce young women (16 to 18 years of age) to careers in the fire service and emergency medical services.

Attendees of the academy will be mentored by female firefighters and EMT's while getting an inside look into the world of firefighting and EMS.



aims community college - windsor campus public safety institute - 1130 southgate drive, windsor



LEARN ABOUT:

- Orientation to the career of
 Cardio Pulmonary a woman firefighter
 - **Resuscitation (CPR)**
- Search & Rescue
- Ladder Operations

• Team Building

- Nutrition & Physical Fitness
- Donning Personal **Protection Equipment (PPE)**
- Rappelling

- Fire Hose Handling
- Live Fire Behavior

APPLY www.aims.edu/young-women-xplore 970-339-6694

TODAY: fire.science@aims.edu COST: \$100

includes lunch and snacks each day, a t-shirt and bandanna



Aims Community College is an EEO Employer and an equal opportunity educational institution. Aims Community College is accredited by the Higher Learning Commission.